

Table 9:

**PEEP-FIO₂ Titration Ladder* for Use during Lung-Protective Ventilation
for Acute Lung Injury or the Acute Respiratory Distress Syndrome**

FIO ₂	PEEP (cm H ₂ O)
0.30	5
0.40	5
0.40	8
0.50	8
0.50	10
0.60	10
0.60	12
0.70	12
0.70	14
0.80	14
0.90	14
0.90	16
0.90	18
1.00	18
1.00	20+

*Source: The Acute Respiratory Distress Syndrome Network. Ventilation with lower tidal volumes as compared with traditional tidal volumes for acute lung injury and the acute respiratory distress syndrome. *N Engl J Med.* 2000 May 4;342(18):1301-8.